

### Topics to be covered

- Epidemiology of Iron Deficiency
- Economic impact of Iron Deficiency
- Food Fortification with iron
- Role of Food Industry in Prevention of ID
- Role of Biotechnology in Prevention of ID
- Role of Iron Supplement in reducing ID burden
- Iron Deficiency Anemia and Beyond
- Fetal malnutrition and Adult Disease
- Interaction between ID and Thalassemia
- Interaction between ID & Blood Donation
- Popular Programmes for Preventing ID
- Choosing oral/parenteral Iron Preparation

### Organizing Committee

<b>Chairman</b>	Dr. B C Mehta
<b>Vice-Chairpersons</b>	Dr. Indira Devi Dr. MR Lokeshwar Dr. Mamta Manglani Dr. Madhavan Nair
<b>Secretaries</b>	Dr. N Kavitha Dr. Asha Shah
<b>Jt Secretary</b>	Dr. Yogini Patel
<b>Treasurer</b>	Mr. RajGopal
<b>Members</b>	Dr T Vindya Dr S Shantha Kumari Dr Balamba Dr. K Radhakrishna, Dr. Seethala Dr. Shyamala Sesikeran Dr. B A Ramalakshmi
<b>Local Advisors</b>	B K Kuldeep B K Radhika

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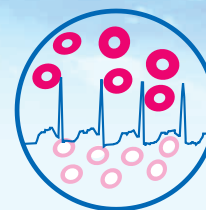
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# FIFTH CONFERENCE ON IRON DEFICIENCY

5 - 7 FEBRUARY, 2010

Venue

Shanti Sarovar, ISB Road,  
Gachibowli, Hyderabad 500 032.

Organized By:

Dr J C Patel Medical Research Foundation, Mumbai.

Hosted By:

BSES MG Hospital, Mumbai

National Institute of Nutrition, Hyderabad

The Obstetrics & Gynecological Society of Hyderabad



## Dear Colleague,

We take great pleasure in inviting you to the Fifth Conference on Iron Deficiency.

Iron deficiency is a world wide problem affecting about 2 billion people. In India, 20% of adult males, 40% of children, 60% of adult females and 80% of pregnant females have iron deficiency anemia. Iron deficiency causes not only anemia but also leads to dysfunction of every organ system in the body. It has a major impact on the health and social fabric of the population. Unlike many other medical problems, iron deficiency is easy to correct and we also have means in the form of food fortification to prevent it. However, there is lack of awareness about the problem and its wide range of consequences. It is not uncommon for many to ignore Hb level of 11.0 or even 10.0 g/dl.

It is necessary to create awareness amongst family physicians, obstetricians, pediatricians, internists, public health authorities, food industry and NGOs. That is exactly what is aimed at in this conference- focus on various problems related to iron deficiency and suggest feasible solutions to reduce the burden of iron deficiency.

Hyderabad, one of the most happening city of the country, is a health hub of south India. The city has a history of more than 400 years. Its rich heritage and warmth of cosmopolitan people of the city will make your stay memorable. Early February weather is pleasant and comfortably cool not requiring special warm clothing.

Shanti Sarovar is the South India Campus of the global organization Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya. On the basis of spiritual wisdom and Raj-Yoga Meditation, it extends wide variety of services for creating better people for better world. As the name suggests Shanti Sarovar is an oasis of peace. Reverberating with vibrations of peace and purity, the campus provides an atmosphere that enables the participants to explore and realize their peace and power

**Dr BC Mehta**  
Chairman

**Dr Asha Shah**  
Secretary

**Dr N Kavitha**  
Secretary

## Registration Fees

Category of Delegate	Upto 31/8/09	After 31/8/09	Spot Registration
Delegate Local (Hyderabad)* Associate	500/-	1000/-	2000/-
Delegate Local** Delegates	500/-	1000/-	2000/-
Outstation **	1000/-	2000/-	3000/-
Associate Delegates Outstation **#	2000/-	3000/-	3500/-

\*Includes delegate bag, attendance to scientific sessions & scientific exhibition, breakfast, tea, lunch and dinner.

\*\*Includes delegate bag, food and sight seeing

#Includes accommodation twin/triple sharing

No non-veg food, onion, garlic, smoking or alcoholic drinks are permitted on the campus.

Payment by Bank Draft payable at Mumbai or by cheque payable at par in favour of 'Ficonid'

## Conference Programme

Time	Day 1	Day 2	Day 3
Day 3			
4.00 - 5.00 am	Meditation	Meditation	Meditation
5.00 - 5.30 am	Tea	Tea	Tea
8.00 - 9.30 am	Registration		
8.30 - 9.30 am	Breakfast	Breakfast	Breakfast
9.30 - 11.00 am	Plenary Session 1	Plenary Session 2	Lectures 1 - 3
11.00 - 11.30 am	Tea	Tea	Tea
11.30 - 1.00 pm	Who Am I?	Knowing Paramatma	Raj-Yoga
1.00 - 2.00 pm	Lunch	Lunch	Lunch
2.00 - 4.00 pm	Rest	Rest	Rest
4.00 - 5.30 pm	Free Papers	Free papers	Free Papers
5.30 - 6.00 pm	Tea	Tea	Tea
6.30 - 8.00 pm	Inauguration	Posters	Valedictory session

For Associate Delegates Sight seeing between 2.00- 6.00 pm all three days. (Salarjung Museum, Ramoji Rao Film City, Char Minar, etc.).